September 2022

Dear Doctor

Chronic Disease List (CDL) formulary update 2022 and 2023

Discovery Health is committed to keeping doctors and their patients informed on the changes to the Discovery Health Medical Scheme Chronic Disease List (formulary) for 2023. The formulary has been enhanced with the addition of 88 new products. Where products were replaced by preferentially priced generic or therapeutic equivalents, those substitutions are listed below. Significant additions to the formulary are in the cardiovascular, diabetes, and multiple sclerosis categories.

Key additions to the Chronic Disease List (formulary):

- **Cardiovascular**
  - Coseryl®, (originator perindopril–bisoprolol combination), and Triveram® (atorvastatin–perindopril–amlodipine combination), for all plans, except KeyCare.

- **Diabetes**
  - A SGLT–2 inhibitor clone, Duforzig® 10 mg, for all plans, except KeyCare.
  - Ryzodeg® cartridges (Biphasic insulin – Insulin degludec and aspart combination) for Comprehensive and Executive plans only.

- **Multiple sclerosis**
  - Teriflunomide products will be added to the Chronic Disease List (CDL) Enhanced medicine list for all plans.
  - Copaxone® 40 mg (glatiramer acetate) will also be added for all plans.

Formulary additions in 2022 and 2023:

Condition	Active ingredient	Product name	Plan types
Autoimmune conditions	Celecoxib	Colcibra 100 mg, 200 mg	All plans, except KeyCare
Hyperlipidaemia	Atorvastatin	Cholmin 10 mg, 20 mg, 40 mg	All plans
	Simvastatin	Simvotin 10 mg, 20 mg, 40 mg	
Cardiovascular	Amlodipine	Amlodac 5 mg, 10 mg	All plans
	Carvedilol	Rubitrend 12.5 mg, 25 mg	All plans
	Enalapril	Enalapril unicorn 5 mg	All plans
	Losartan	Austell losartan 50 mg, 100 mg	All plans
		Zartan 50 mg	Comprehensive and Executive only

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Condition	Active ingredient	Product name	Plan types
Cardiovascular	Losartan And Diuretics	Austell losartan co 50 mg/12.5 mg; Co-normoten 50 mg/12.5 mg; Zartan co 50 mg/12.5 mg, 100 mg/25 mg	All plans
	Nifedipine	Fedaloc SR 30 mg, 60 mg; Fidocare XL 30 mg, 60 mg;	All plans, except KeyCare
	Perindopril	Circator 4 mg, 8 mg; Perindopril unicorn 4 mg; Spec-perindopril 4 mg, 8 mg; Vectoryl 4 mg	All plans, except KeyCare
	Perindopril And Amlodipine	Mixanval 5 mg/5 mg, 5 mg/10 mg, 10 mg/5 mg, 10 mg/10 mg	All plans
	Telmisartan And Diuretics	Tremistan plus 40 mg/12.5 mg, 80 mg/12.5 mg	All plans, except KeyCare
	Valsartan	Vasovan 80 mg, 160 mg	Comprehensive and Executive only
	Valsartan And Amlodipine	Dafiro; Valvasc - 5/160, 10/160	All plans, except KeyCare
Diabetes Mellitus	Gliclazide	Gliclazide MR Austell 30 mg, 60 mg	All plans
	Insulin (Biphasic)	Diabulyn 30/70 cartridge	All plans
Epilepsy	Clonazepam	Clonam 0.5 mg, 2 mg	All plans
	Levetiracetam	Levetiracetam unicorn 250 mg, 750 mg	All plans
Psychiatric conditions	Aripiprazole	Aridus; Aripiprazole mylan; Aripiprazole teva; Priptrin	All plans
	Olanzapine	Oleanz; Zylena - 5 mg, 10 mg	All plans
Parkinson's	Rasagiline	Rasapar 1 mg	All plans
Respiratory	Beclometasone	Beclomethasone glenmark 200 dose 50 mcg, 100 mcg, 200 mcg	All plans
	Fluticasone	Fluticasone OTC Teva 50 mcg	All plans, except KeyCare
	Montelukast	Belair; Kulair - 4 mg, 5 mg, 10 mg	All plans, except KeyCare
	Salbutamol	Glenbute 200 dose 100 mcg	All plans
	Salmeterol And Fluticasone	Airflusal forspiro 50/500 60 dose	All plans, except KeyCare
The following products will only be added from January 2023			
Autoimmune conditions	Leflunomide	Lunar 20 mg	All plans
Cardiovascular	Perindopril and Bisoprolol	Cosyrel 5/5, 5/10, 10/5, 10/10	All plans, except KeyCare
	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5, 20/5/5, 20/10/5, 20/10/10, 40/10/10	
Diabetes Mellitus	Glucose test strips	Test strip vci ce 50 via	All plans
		Test strip glucose blood fora 6	All plans, except KeyCare
	Insulin (biphasic)	Ryzodeg cartridges	Comprehensive and Executive only
Cardiovascular/ Diabetes Mellitus	Dapagliflozin	Duforzig 10 mg	All plans, except KeyCare
Haemophilia	Tranexamic Acid	Fibtin 500 mg	All plans
Multiple Sclerosis	Teriflunomide	Aubagio 14 mg	All plans

The following products are plan type enhancements in 2023:

Condition	Active ingredient	Products	Current 2022 Plan Type	2023 Plan type
Autoimmune conditions	Azathioprine	Azamun 50 mg	Comprehensive and Executive only	All plans
Cardiovascular	Valsartan And Amlodipine	Valduo 5 mg/160 mg, 10 mg/160 mg		All plans, except KeyCare
Diabetes Mellitus	Glucose	Onetouch select plus test strips	All plans, except KeyCare	All plans
Respiratory	Montelukast	Topraz 4 mg, 5 mg, 10 mg	Comprehensive and Executive only	All plans, except KeyCare
Psychiatric conditions	Sertraline	Serlife 50 mg, 100 mg		All plans

The following products will be deleted in 2023:

Formulary alternatives are provided for all the items that have been removed from the medicine list (formulary).

Condition	Active ingredient	Removed products	Current plan type	Formulary alternatives for impacted plans
Generic changes				
Autoimmune conditions	Celecoxib	Celecoxib unicorn 100 mg, 200 mg	All plans, except KeyCare	Colcibra; Coxleon
Cardiovascular	Indapamide	Mylan indapamide; Daptril - 2.5 mg	All plans	Adco-dapamax; Catexan; Cipla-indapamide
	Bisoprolol	Bilocor; Betacor; Bisoprolol unicorn; Bislo; Bisozyd - 5 mg, 10 mg	All plans	Adco-bisocor; Bisbeta; Emcor; Presicard
	Amlodipine	Gulf amlodipine 5 mg, 10 mg	All plans	Amloc; Amlodac; Amlodipine unicorn; Amtas; Aprate; Austell-amlodipine; Besyloc; Ciplavasc; Lomanor
	Valsartan	Valheft 80 mg, 160 mg	Comprehensive and Executive only	Adco-valsartan; Regoval; Vasovan
	Valsartan And Amlodipine	Copalia 5 mg/160 mg, 10 mg/160 mg	Comprehensive and Executive only	Calsar; Dafiro; Valduo; Valvasc
	Atorvastatin	Astor 80 mg	All plans	Dezzolip; Dynator; Lipogen
Dysrhythmias	Amiodarone	Bio-amiodarone 200 mg	All plans	Hexarone
Diabetes Mellitus	Insulin Glulisine	Apidra solostar disposable pens	Comprehensive and Executive only	Apidra cartridges
	Insulin (Human)	Humulin 30/70 cartridge	All plans	Diabulyn 30/70 catridge
	Insulin Lispro	Humalog kwikpen	All plans, except KeyCare	Humalog cartridge
	Insulin Lispro	Humalog mix 25, mix 50 kwikpen	Comprehensive and Executive only	Humalog mix 25, mix 50 cartridge
	Insulin Glargine	Basaglar cartridge	All plans, except KeyCare	Optisulin cartridge
	Metformin	Bigsens 1000 mg	All plans	Diaphage; Mylan metformin; Romidab

Condition	Active ingredient	Removed products	Current plan type	Formulary alternatives for impacted plans
Cardiovascular/ Diabetes Mellitus	Dapagliflozin	Forxiga 5 mg, 10 mg	All plans, except KeyCare	Duforzig 10 mg
Epilepsy	Clonazepam	Rivotril 0.5 mg, 2 mg	All plans	Clonam
Glaucoma	Latanoprost	Xalatan 2.5ml 50 mcg/ml	Comprehensive and Executive only	Spersatan; Atana
Haemophilia	Tranexamic Acid	Tranic 500 mg	All plans	Fibtin
Psychiatric conditions	Escitalopram	Espradep 10 mg; Zyescito 10 mg, 20 mg	All plans	Accord escitalopram; Dolin; Esetam
Respiratory	Fluticasone	Flomist 50 mcg	All plans, except KeyCare	Fluticasone otc teva
	Salbutamol	Asthavent ecohaler 100 mcg	All plans	Glenbute; Ventimax
	Montelukast	Monteflo 4 mg, 5 mg, 10 mg	Comprehensive and Executive only	Belair; Kulair; Sintrine; Topraz

The following products have plan type changes in 2023:

Formulary alternatives are available for all plan types.

Condition	Active ingredient	Products	Current 2022 Plan Type	Formulary alternatives for impacted plans	2023 Plan type
Diabetes Mellitus	Glucose	Test strip glucose caresens n 29g	All plans	Clicks bionime gs550; Fora diamond; Glucocheck key; Onetouch select plus, Test strip vci ce 50 via	All plans, except KeyCare
Glaucoma	Latanoprost	Atana 2.5ml 50 mcg/1mL	All plans	Spersatan	Comprehensive and Executive only
IBD	Mesalazine	Asacol 400 mg, 800 mg	All plans	Please refer to the CDL PMB CIB Formulary for therapeutic alternatives	All plans, except KeyCare
Respiratory	Ciclesonide	Ciclovent 80 mcg, 160 mcg	All plans, except KeyCare		Comprehensive and Executive only
	Indacaterol	Onbrez breezhaler	All plans		
Diabetes Mellitus	Insulin Lispro	Humalog cartridge	All plans		All plans, except KeyCare
	Insulin Aspart	Fiasp penfill	All plans, except KeyCare		Comprehensive and Executive only

We encourage you to review the 2023 formulary on the Health Professional Zone at www.discovery.co.za.

Regards

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