**POLMED 202**4 BENEFITS & CONTRIBUTIONS GUIDE

**PREVENTATIVE HEALTHCARE BENEFITS**

This benefit allows for risk assessment tests to ensure the early detection of conditions that may be completely cured or successfully managed if treated early.

All services as per specified benefit will be covered from the in-hospital benefits and will not deplete your out-of-hospital benefits’ **CARE, SCREENING, TEST**

**FULL MEDICAL EXAMINATION TARIFF CODE**

**Wellness visit 55500 One wellness measure per year (tariff code 55500) inclusive of:**

- Blood pressure test

- Body mass index (BMI) test

- Cholesterol screening (Z13.8)

- Consultation

- Glucose screening (Z13.1)

- Healthy diet counselling (Z71.3)

- Waist-to-hip ratio measurement**NING, TEST**

**Prevention and screening tests Annually**

100% of POLMED rate or agreed tariff where applicable

Early detection screening limited to periods specified

Funded from the risk pool; the benefit shall not accrue to the overall out-of-hospital limit

Inclusive of:

• Occult blood test (screening for peptic ulcer disease), for members over the age of 50 years

• Risk assessment tests

• Baby immunisations (as per the DOH guidelines)

• Bone densitometry scan for members 65 years and older (once per lifetime)

• Circumcision

• Contraceptives (as per the DOH guidelines)

• Dental screening (codes 8101, 8151 and 8102)

• Flu vaccine

• Glaucoma screening

• HIV tests

• HPV screening once every five years for females aged 21 years and older

• HPV vaccine for girls aged 10-17 years

• Pap smear

• Pneumococcal vaccine

• Prostate screening