



**27<sup>TH</sup> OPEN DAY**

**Saturday, 1 JUNE 2024**

**QualiCare**



**Biomedical Research Institution**

**GPS Coordinates ( 33°54'29.1"S      18°36'43.6"E)**

Biomedical Research Institution, Opposite P5 parking area on the Tygerberg Medical School Campus.

**FREE PARKING**

# 2024 CPC/QualiCare Open Day

SATURDAY 1 JUNE 2024

- THANK YOU -  
TO OUR EVENT  
SPONSORS



EMGUIDANCE





# Speakers



CPC/Qualicare



Medical Protection Society

**Speaker :** DR ANTHONY (TONY) BEHRMAN

**Topic 1:** The Ethics of outcomes reporting

**Topic 2:** InterActive Ethics workshop on cybersecurity, patient confidentiality and update on the POPI Degrees/Fellowships

M.B.Ch B. (1970 to 1975) UNIVERSITY OF CAPE TOWN.

DIPLOMA in OCCUPATIONAL HEALTH (1995 to 1997) U.C.T.

FOUNDATION FELLOW of the Faculty of FORENSIC and LEGAL MEDICINE (Royal College of Physicians) UK 2005 (FFLFM)

Accredited Mediator, UCT Law@work, Legal Faculty UCT 2014.

#### Current Positions held:

- Chief Executive Officer of CAPE PRIMARY CARE / QUALICARE IPA, WESTERN CAPE 1990 to date comprising 535 Family Practitioners, Dentists, Physios, Occupational therapists and Allied Medical Professionals.
- Past CEO of and current Director of the IPA Foundation of SA (IPAF)
- Past CEO and current Director of the SAMCC
- Medicolegal adviser to Medical Protection Society (MPS) 1998 to 2012 and latterly Medical Business consultant and Medicolegal adviser to MPS from 2018 to date

#### Personal:

- Married, with 2 children and 5 grandchildren
- Walker
- Recreational Pianist and Guitarist



AstraZeneca

**Speaker :** Dr PJ Chapman

**Topic :** Casting light on Severe Asthma, Diagnosis & Symptom Control

Dr Peter Chapman commenced his illustrious career in medicine when he enrolled for MBChB in 1969 at UCT. He completed his degree with distinction in 1974. In 1987 he started his journey as a physician in the Respiratory Clinic at UCT. Since 2003 till to date, he is still serving the public as a Pulmonologist at Vincent Palotti Hospital. Dr Chapman's career as a physician echoes his dedication to the improvement of healthcare, in particular the respiratory well being of our society at large.

Numerous publications and articles, years of teaching and presenting on especially Respiratory challenges, are testament to the value Dr Chapman brought to our health industry. Dr Chapman is also a seasoned mentor. As a highly regarded mentor/teacher, Dr Chapman ticked all the boxes of excellence as a teacher and mentor i.e. the enthusiastic sharing of relevant expertise and knowledge, a respectful attitude, eagerness and love to invest in others, etc. are indeed proven hallmarks of a caring physician. On a question, 12 years ago on what he cherished, Dr Chapman summarised it succinctly..."my faith, my wife, my children & my fellow human being!"



**Cipla**

Cipla

**Speaker :** Prof Dirk Blom

**Topic 1 :** Statin use in geriatric patients

- Associate Professor Dirk Blom is the Head of Division of Lipidology at the University of Cape Town and heads the Lipid Clinic at Groote Schuur Hospital.
- Professor Blom's personal research interests include genetic disorders of lipoprotein metabolism with a particular emphasis on dysbetalipoproteinaemia and familial hypercholesterolaemia.
- Professor Blom is a member of multiple international societies and currently serves on the executive committee of the Lipid and Atherosclerosis Society of Southern Africa.
- He has published in multiple peer-reviewed journals.



 **Discovery**

Discovery

**Speaker :** Darren Sweidan

**Topic 1:** Personal Health Pathways and Primary Care Provider Initiatives

Darren Sweidan is the Head of the Health Professional unit at Discovery Health.

His undergraduate training was in clinical physiotherapy.

Following training in business administration he joined the Netcare Hospital group in 1999, where he spent 3 years in hospital administration and a further 2 years in group hospital finance.

He joined Discovery Health in 2004 where, together with the Health Professional strategy team, was responsible for engagement with Medical Specialists, General Practitioners, Dental and Dental specialists' as well as Allieds.

Darren now heads the Health Professional unit with continued responsibility for engagement with medical professionals in addition to the Discovery Health Value Based Care, Professional Billing Intelligence, Health Quality and Auditing Risk Management units.



 **Discovery**

Discovery

**Speaker :** Larry Borowitz

**Topic 2:** Personal Health Pathways and Primary Care Provider Initiatives

Larry Borowitz has university degrees in Information Systems and is a certified Lean Six Sigma Master Black Belt.

Larry is the Deputy Information Officer of Discovery Health, responsible for its privacy compliance and program.

He heads up Service Lab Operations Management in Discovery Health which is the custodian of the company's certified ISO 9001 quality management system.

His team is also responsible for, inter alia, quality assurance, data integrity, business process management and measuring and monitoring key performance metrics. He leads programs and initiatives relating to Lean Six Sigma, business continuity and Treating Customers Fairly (TCF).

In his career, Larry has garnered a wide array of leadership, systems and consulting experience through the positions he has filled in various capacities at some of South Africa's leading companies.

Larry is a published poet of two books and is married with three children.



**Speaker :** [Dr Mohammed Dalwai](#)

**Topic :** [What you need to know about digital prescriptions from a legal perspective](#)

Dr Mohammed Dalwai is the co-founder and chief product officer at the digital healthcare information platform, Essential Medical Guidance (E M Guidance), which empowers healthcare professionals to make better decisions for their patients and improve medical outcomes.

A qualified medical doctor with a PhD, Dr Dalwai worked for Doctors Without Borders across multiple countries, including northern Pakistan, Afghanistan, Syria, Sierra Leone and Haiti, before entering the field of medical technology and entrepreneurship. Dr Dalwai is a TED Fellow, an Ashoka Fellow, and a former Doctors Without Borders, Southern Africa president. He holds an MBChB from the University of Stellenbosch and a PhD from the University of Cape Town.

The leading digital platform for clinical decision-making support in South Africa and sub-Saharan Africa, EM Guidance aims to optimise patient-care outcomes by giving healthcare professionals access to the latest treatments, protocols, diagnostics, education and local medicines guidance from across the healthcare ecosystem and medical industry, delivered transparently at the point of care.



**Speaker :** [Dr Kgao Eddie Legodi](#)

**Topic :** [Diabetes and it's Manifestations and treatment in the EYE](#)

## *Speakers* continue from page 5

- Graduate of Medical University of South Africa (Medunsa)
- Internship at Tintswalo Hospital
- Medical Officer at Voortrekker Hospital
- Joined the Ophthalmology residency program from 1999 to July 2003 at Nelson Mandela Medical School under Professor Anne Peters
- He was also engaged with sessional work at Pretoria Academic Hospital (Steve Biko) in teaching and training retinal specialists
- Attended a course in Germany to learn more about vitreoretinal theory and operations



**Speaker :** Prof Mark Sonderup

**Topic :** Hepatitis c

Professor Mark Sonderup was born and schooled in the Eastern Cape. He obtained a B Pharm degree cum laude from the University of Port Elizabeth in 1990 and an MBChB cum laude from the University of Cape Town in 1995 where he later obtained a Fellowship of the College of Physicians in 2002.

Between 2002 and 2004, he completed a 2 year fellowship in Hepatology at the UCT/MRC Liver Research Centre and Liver Clinic at Groote Schuur Hospital.

He was appointed as a Senior Specialist in the Department of Medicine and Division of Hepatology at UCT and Groote Schuur Hospital in 2007 and is currently Associate Professor in the Department of Medicine and Division of Hepatology.

His research interests include HIV/AIDS associated liver disease, viral hepatitis, drug induced liver injuries and the porphyria's. His publications included peer reviewed articles, chapters and proceedings. He currently serves on the WHO Strategic Advisory Committee on Viral Hepatitis.



**Speaker :** Ivone Moroldo

**Topic :** Enabling practice growth - Billing & eMR software solutions

**Head of Client Experience at Healthbridge**

Ivone Veiga-Moroldo serves as Head of Client Experience at Healthbridge, driven by her passion for harnessing technology to reimagine healthcare delivery.

She leads the client experience team, encompassing marketing, client service, and training design. Ivone's dedication to exceptional client interactions is a cornerstone of her approach.

With a B.Com (Hons) degree from the University of the Witwatersrand and 24 years of experience, Ivone brings a wealth of expertise in client experience management, strategic marketing, product management, and leadership to her role.



Macleods Pharmaceuticals SA (Pty) Ltd.

**Speaker :** [Professor Richard van Zyl-Smit](#)

**Topic :** [Smoking cessation](#)

3

**MBChB, FRCP(UK), Dip HIV(Man), MMED, FCP(SA), Cert Pulm(SA), PhD, ATSF,**

Professor Richard van Zyl-Smit is a Professor of Pulmonology and consultant pulmonologist, in the Division of Pulmonology, Department of Medicine at the University of Cape Town and Groote Schuur Hospital, Cape Town South Africa.

He is a principal researcher at the UCT lung Institute.

Currently he serves as the president of the South African Thoracic Society, and co-Chair of the American Thoracic Society International Health Committee.

After qualifying as a pulmonologist in 2007, he completed his PhD investigating the effects of tobacco smoke and nicotine on human pulmonary defence mechanisms to tuberculosis infection. He was supported by an NIH Fogarty fellowship and additionally completed a Post-Doctoral Fellowship at UMDNJ. His major research interests are airways diseases specifically; asthma and COPD with a focus on tobacco, household air pollution, electronic cigarettes and their impact on pulmonary immune responses (to pneumococcal and mycobacterial infection) and the development of COPD, particularly in low-income settings.

After a 5-year period as Head of the Lung Clinical Research Unit at the UCT Lung Institute, he took up a full-time appointment at the University of Cape Town and Groote Schuur Hospital, being promoted to full Professor in 2020.

He has over 100 peer review publications spanning smoking cessation, vaping, tobacco smoking and infections, TB and critical care to asthma and COPD. Many of these papers are self-initiated research projects in addition to clinical trial related primary or follow up publications. He furthermore has authored two books on mental health and sustainability in academia and medicine.

As a clinical trial investigator, he has completed over 130 trials over the past 16 years. He been PI on many of these trials and frequently acts as the national coordinating Principal Investigator. He recently was the international coordinating principal investigator for the Novartis Platinum programme Palladium study. The spectrum of trials includes asthma and COPD, TB vaccines, TB drug development, smoking cessation, cystic fibrosis, chronic cough and pulmonary fibrosis. He has also served as a member for Drug Safety Monitoring Boards.

He is a frequent speaker at both local and international meetings and educational events. He is a Global GINA ambassador and serves as the South African representative on the GOLD committee.



Medscheme

**Speaker :** [Dr Eduard Delpont](#)

**Topic :** [Advancing Care Quality Through Evidence-Based Practice-Management Strategies](#)

- **Advanced Specialist: Healthcare Professional Strategy**  
Strategic Lead: Family Practitioner and Primary Care Delivery  
Medscheme
- **Consultant Medical Advisor: Healthcare Provider Strategy**  
Medscheme
- **Medical Doctor and Clinical Manager: Family Practice**  
Citi-Med Hout Bay Western Cape

Dr. Eduard Delpont is an enthusiastic healthcare manager whose strategic role includes facilitating improved collaboration between Healthcare Funders, Healthcare Professional Leadership bodies and, most importantly, GPs at the frontline of care.

Dr Delpont believes Primary Care and Family Practice to be the most important, but often overlooked, cog in our private healthcare system - promoting the role of the Family Practitioner, both in his function as part of Medschemes' Health Professional Strategy Unit internally towards Funders, as well as clinician.

He has post graduate certification in Value-based care from the University of Houston and a post graduate certification in Digital Health from the Imperial College London

He also serves as the chair of the Afrocentric Primary Care Strategy and Integration Forum.



MPS

**Speaker :** [Dr Zarina Sunday](#)

**Topic :** [Ethical Guidelines](#)

**Medicolegal Consultant, Medical Protection**

Dr Zarina Sunday began her medical career by qualifying as a medical doctor from the University of Stellenbosch in South Africa. She went on to complete her specialist training in Nuclear Medicine and is a fellow of the College of Nuclear Physicians. For the past 10 years she practised as a Nuclear Medicine Specialist with a special interest in Paediatric Nuclear Medicine in both the private and public healthcare sectors within South Africa.



*Speakers* continue from page 8

Keen understanding of the importance of ethics and ethical conduct as an admirable trait in one's personal and professional persona was the driving force behind her obtaining a post-graduate diploma in Applied Ethics from University of Stellenbosch and continued her reading in Applied Ethics (social and political ethics) also at University of Stellenbosch.

Over the years she has amassed vast knowledge and interest into imaging, bioethics and the resolution of ethical dilemmas at the interface of social justice.

She now integrates her expertise in her role as Medicolegal Consultant at Medical Protection.



**Speaker :** Dr J Trokis

**Topic :** Type 2 diabetes: Insulin Treatment (Beyond the Basics)

Dr Julien Trokis is a diabetologist, in practice at the Diabetes Care Centre, Cape Gate. He has a multidisciplinary CDE clinic, and also runs a large clinical trial centre.

He has been an investigator in over 80 clinical trials, and has been principal investigator in about 40 clinical trials.

He has a special interest in diabetic kidney disease, and is currently national principal investigator for South Africa in a large international clinical trial in diabetic kidney disease. He currently serves as a member of the independent data monitoring committee on a multinational clinical trial.

He has been published in peer-reviewed journals, and has given talks both nationally, as well as internationally.

He has also taught part time in the Department of Medicine, Victoria Hospital/ University of Cape Town.



PPS

**Speaker :** Bronwyn Davidson

**Topic :** Maintaining a healthy private practice

**Qualification:**

CSSA Professional Advanced Qualification: Governance and Administration

Post Graduate Diploma in Financial Planning

Regulatory Exam (RE5)

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CSSA Professional Advanced Qualification: Governance and Administration  
Post Graduate Diploma in Financial Planning  
Regulatory Exam (RE5)

**Professional memberships/Associations:**

General Tax Practitioner (SAIT)  
Associate Member of the Chartered Institute for Business Management (ACIBM)  
SAIBA Membership - Business Accountant in Practice (BAP(SA))

**Industry experience:**

10 years having in the last 5 years joined PPS Specialist Support Services in May 2019 as a Financial Planning Strategist, offering technical support to financial advisors

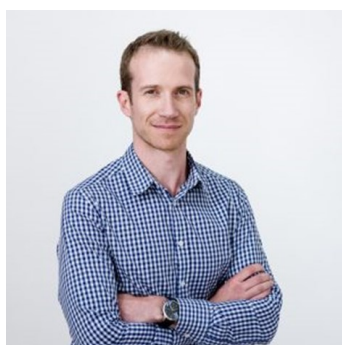
**Interests and Hobbies:**

Outdoor & Travel with a keen passion and enthusiasm for the African bush and experiencing diverse cultures.

Bronwyn started her career in tax and accounting and then moved into a financial planning department as a tax support team member for high net worth individuals where, she worked closely with financial planners on managing their clients' tax affairs and tax structuring.

She has a Postgraduate Diploma in Financial Planning to develop a comprehensive understanding and acquire skills that best serve those who seek reliable and rewarding long-term financial planning advice.

She is currently enrolled for in a Master's in South African Tax.



Servier

**Speaker :** [Dr Elmo Pretorius](#)

**Topic 1 :** [The Diabetes Puzzle](#)

**Topic 2:** [Piecing together the best care for patients with type 2 diabetes](#)

**Specialist Physician and Endocrinologist**

**Qualifications:** MB,ChB(Stell), MMed(Int)(Stell), MPhil(Endo)(Stell), FCP(SA), Cert Endo & Metab (SA) Phys

Dr Elmo Pretorius practices full-time as a physician and endocrinologist at Mediclinic Vergelegen in Somerset West. He did both his undergraduate and postgraduate training at Stellenbosch University.

His practice focuses on endocrine and metabolic disease, with a specific interest in cardiometabolic medicine. He however remains an active hospitalist in general internal medicine. He is a strong advocate for healthy living as the primary treatment for metabolic disease and has a passion to enable patients to improve their health through lifestyle changes.



Universal Healthcare

**Speaker :** [Dr Odwa Mazwai](#)

**Topic :** [Hijacking Habits: Motivating Patients to Change Behaviour](#)

Odwa is a medical doctor also holds a Diploma in Anaesthesiology. After serving in the Office of the Director General the National Department of Health, he moved into private managed care and now heads up Managed Care at Universal.

He is extremely interested in how the advent of new technologies impacts patient and patient health seeking behaviour.



Pathcare

**Speaker :** [Marike Ubbink](#)

**Topic :** [Cybersecurity and protecting your patient's pathology results](#)

**B.Sc (Computer Science), B.Sc Hons (Statistics), MEM (Masters in Engineering Management, UP)**

Marike is the Chief Information Officer (CIO) of PathCare where Information Security is part of her bigger portfolio.

Marike Ubbink has focused on pathology informatics and IT leadership.

She gained extensive experience in software development, reliability and maintainability engineering, data analytics, management information.

She is also keenly interested in the IT experience including the banking, defence, engineering and manufacturing spaces, finding the application of Information Technology in the healthcare sector the most rewarding.

**260 Delegates already registered !**

**ONLY 20 seats still available.**

**Book NOW before they are all gone.**



# QualiCare

**THANKS TO ALL OF OUR PARTICIPATING COMPANIES  
FOR THEIR SUPPORT**