momentum health

healthcare provider

20 November 2025

Dear Doctor and valued staff

Fishing Industry Medical Scheme (Fishmed) 2026 benefit information and fees structure

Thank you for providing quality healthcare services to our valued **Fishmed** members and their dependants in 2025.

As part of our commitment to providing affordable healthcare services to the valued members of the medical schemes under our administration, we constantly strive to streamline processes within the business. With that in mind, please note that Fishmed will undergo a system upgrade with effect from 1 January 2026. Click **here** for the communication sent on 13 November 2025 with all the relevant details.

Client-centricity survey
Our **Healthcare provider client-centricity survey**, designed to gather feedback on your experience interacting with us, continues to assist us in improving and enhancing your service experience. We value your participation and look forward to receiving your feedback. Keep an eye out for the survey link after each interaction.

Bureaus
A direct, dedicated channel of communication for our bureau partners has been created to facilitate ease of access to improve service and efficiency. Please contact us by email at **bureaus@momentum.co.za** should you require any assistance.

2026 fee schedule for non-dispending GPs
Please click **here** to view the schedule for 2026.

Medication formularies
View the Fishmed **acute medication formulary** and the **reference price chronic medication formulary** to guide you when prescribing medication to Fishmed members.

The medication prescription limits are subject to an annual benefit limit per family. Therefore, please prescribe as conservatively as possible, making use of generic medication wherever possible and from within these acute and chronic medication formularies.

We recommend that you confirm patients' membership and benefits by calling Fishmed Client Services on **0860 104 121**.

2026 contact details
The following contact information will be effective from 1 January 2026 for all Fishmed-related queries and correspondence:

Service	Email address	Telephone number
Client services	enquiries@fishmed.co.za	0860 104 121
Claims submission	claims@fishmed.co.za	0860 104 121
Hospital pre-authorisation	preauth@fishmed.co.za	0860 104 121
Hospital case management	casemanagers@fishmed.co.za	0860 104 121
Clinical audit	clinicalauditing@momentumtyb.co.za	0860 104 121
Disease management/HIV programme/Wellbeing	wellbeing@fishmed.co.za	0860 104 121
Oncology management	oncology@fishmed.co.za	0860 104 121
Chronic condition management	chronic@fishmed.co.za	0860 104 121

Momentum Health provider portal
Visit and register on the **Momentum Health provider portal** to view the 2026 benefits and important information for the medical schemes and health insurance products under our administration. For your convenience, our portal also includes a webchat functionality as an additional information resource, as well as real-time access to the Provider Management Team.

Should you have any queries, please feel free to contact us by email at **drnet@momentum.co.za** and we will gladly assist you.

We wish you, your colleagues, and your family a peaceful and happy holiday season and a prosperous new year.

Kind regards

Provider Management Team
Momentum Health