POLMED
OUR INVESTMENT | OUR HEALTH | OUR FUTURE

Crestway Office Park, 20 Hotel St
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December 2025

Dear General Practitioner

2026 DIFFERENTIATED GP TARIFFS

POLMED extends its sincere appreciation for the professional care and commitment you have shown to our members throughout 2025. As part of our ongoing efforts to ensure access to quality and affordable healthcare, we continue to strengthen our General Practitioner (GP) Network.

We recognise the critical role GPs play in coordinating patient care. Evidence shows that fragmented healthcare leads to inefficiencies and poor outcomes. As the first point of contact, GPs are instrumental in early disease detection, chronic disease management, and appropriate referrals for investigations and specialist care.

Performance- Based Reimbursement

POLMED profiles GPs regularly to assess clinical outcomes and downstream utilisation costs focusing only on those costs that are within the GP's influence. Based on this profiling, network GPs are reimbursed at differentiated rates.

2026 Tariff Adjustments

Effective **1 January 2026, a 4.5%** increase will be applied to the POLMED GP Network consultation tariff. The enhanced consultation fee will continue to be determined by your REPI² category score:

General Practitioner Consultation Rates (0190-0192)	
POLMED GP Network consultation fee	**R533.40**
Enhanced consultation fee for REPI^2 category 1 GP Network practices	**R68.30**
Enhanced consultation fee for REPI^2 category 2 GP Network practices	**R38.80**
Enhanced consultation fee for REPI^2 category 3 GP Network practices	**R0.00**

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Mr Lusenga J, Ms Molefe IN, Ms Ngembe LN, Mr Ntsime P, Mr Ngwenya TNL, Mr Steyn R, Ms Temba BP

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The POLMED Family Physician Network will also receive a **4.5% increase** as indicated below

Family Physician (015) Consultation Rates (0190-0192)	
POLMED Family Physician Network consultation fee	**R785.90**

All other **non-consultative codes** for network GPs and Family Physicians will receive a **4.5%** increase.

Non-Network GPs and Family Physicians Tariffs

For providers not participating in the POLMED Network, a **4.0% increase** will apply:

General Practitioner Rates (0190-0192)		
POLMED Non-Network GP consultation fee	**4.0% Increase**	**R464.20**
POLMED Non-Network FP consultation fee	**4.0% Increase**	**R679.50**

All other **non-consultative codes** for non-network GPs and Family Physicians will receive a **4.0%** increase**.**

Medicine changes for 2026

Effective **1 January 2026**, the **POLMED Standard Chronic PMB Formulary** will apply to the **Aquarium plan**. If a POLMED Aquarium member's chronic medication is **not** listed on this formulary, a **20% out-of-formulary co-payment** will apply.

This update is designed to improve affordability, maintain coverage, and provide members with clinically appropriate treatment options at a sustainable cost. The **Marine plan** will continue to use the **Comprehensive PMB Formulary** in 2026.

The latest chronic PMB formularies are available at: **http://www.Polmed.co.za/chronic-medicine-management**. Please refer specifically to the **Standard PMB Formulary** for Aquarium members. To avoid co-payments, please prescribe medicines listed on the applicable formulary for your patient's plan.

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Below are the **Top 5 Medicine Groups most impacted by these changes,** along with suggested in-formulary alternatives:

Medicine Groups	Average Co-payment (20% out-of-formulary)	In-formulary Alternative
Metformin XR Formulation	R24.70	Immediate release metformin
Valsartan/Diuretics Combination Products	R47.60	Single agent products or losartan/diuretic combination products
Levothyroxine sodium (Eltroxin® brand)	R19.68	Euthyrox® or Roidace®
Sertraline	R33.79	In-formulary SSRIs
Valsartan, Amlodipine and Hydrochlorothiazide combination products	R51.89	Single agent products for valsartan, amlodipine and HCTZ

Should you have any questions or require further clarification, please contact the Healthcare Provider Contact Centre at **0861 112 666**.

Thank you for your continued commitment to delivering high-quality care. We look forward to working together to shape the future of healthcare in 2026.

Kind regards

POLMED GP Network Management

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