

Dear Healthcare Professionals

Flexicare Chronic Medicine Benefit Formulary Updates and exact Nappi match

We appreciate the critical role you play in supporting the health of our policy holders and ensuring access to quality care.

As part of our ongoing efforts to maintain clinical integrity and benefit sustainability, we are implementing the change to a NAPPI specific list for chronic conditions from 1 January 2026.

What's changing

We are implementing an exact formulary NAPPI match approach effective 1 January 2026. From this date, only medicines listed on the updated formulary will be eligible for funding.

Please note:

- Non-formulary medicines will no longer be covered
- Policy Holders will be liable for the full cost of any items not included in the formulary.

This change is aimed at ensuring consistency, cost-efficiency, and alignment with benefit design.

From 1 January 2026, we are implementing an **exact formulary NAPPI match approach** for Flexicare Plus and Flexicare Core. This means:

- Only medicines listed on the updated **2026 Flexicare Chronic Formulary** will qualify for funding.
- Current Chronic prescriptions not aligned with the formulary will need to be amended to avoid out-of-pocket expenses for patients.

Your role in supporting Flexicare patients:

- Review and update your Flexicare patients' chronic prescriptions where necessary before end December 2025.
- Prescribe formulary-listed medicines for chronic conditions from 1 January 2026 to prevent your patients from experiencing out-of-pocket expenses.

You can access the 2026 Chronic formulary **here**

This change is part of our commitment to **clinical excellence and benefit sustainability**, ensuring consistency and cost-efficiency for our policyholders.

If you have any questions or require assistance, please do not hesitate to contact me.

Thank you for your continued dedication to delivering high-quality care to all Flexicare patients.

Regards

Simone Fourie
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