flexicare

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Flexicare GP Network Rates

2026

Dear Doctor

Globally and in South Africa, breakthrough technologies are driving significant change in healthcare delivery and funding. These technologies are unlocking exciting possibilities, clinically and administratively, for healthcare professionals. Importantly, it means healthcare professionals can engage their patients as active participants in their own care. Healthcare funders recognise that these technologies will allow more people to access quality care and make healthcare more personalised, precise, predictive and preventive.

Flexicare GP Network Tariff update for 2026

In 2026, we'll increase GP Network consultations and procedures by 4%. This increase is above the current inflation rate of 3.6%. CPI inflation is expected to average at this level throughout 2026.

The updated tariff for 2026 is attached.

Fee-for-service model

Code	Description	Dispensing	Non-dispensing
0190 – 0193	Consultation	R395.20	R312.00
0130	Telephone consultation (all hours)	R258.50	R196.90
VCONS	Scheduled virtual consultation of an established patient of average duration and complexity	R387.90	R295.20
VCONSC	Scheduled virtual consultation of patient with suspected COVID-19	R298.70	R298.70

Semi-capitation model

Code	Description	Dispensing*	Non-dispensing*
0190 – 0193	Consultation	R343.20	R260.00

Code	Description	Dispensing*	Non-dispensing*
0130	Telephone consultation (all hours)	R129.40	R98.40
VCONS	Scheduled virtual consultation of an established patient of average duration and complexity	R194.10	R147.40
VCONSC	Scheduled virtual consultation of patient with suspected COVID-19	R298.70	R298.70

*Practice also receives monthly capitation payment

Monthly payment component

Along with the consultation fees above, if you are on the semi-capitation model, we will pay you according to the following table, considering differences in underlying practice demographics:

Capitation table 2026				
Age band	Dispensing		Non-dispensing	
	Female	Male	Female	Male
0 to 19	R 41.60	R 41.60	R 31.20	R 31.20
20+	R 52.00	R 52.00	R 41.60	R 41.60

In 2026, capitation funding continues on a rolling three-month model. The capitation fee covers three months from the date of a patient's visit. If the patient returns to the same practice during this time, the fee restarts from the new consultation date and continues with that practice. If the patient visits a different practice during the three months, payment shifts to the new practice for another three months starting from the new consultation date, while the original practice receives the fee for that month only.

In-room procedure fees

We pay doctors these rates, regardless of which network they are on, for the following procedures:

Code	Description	Rate
0206	Intravenous treatment: Intravenous infusions: Insertion of cannula – chargeable once per 24 hours	R387.60
0244	Repair of nail bed	R890.90
0255	Drainage of abscess	R527.20
0259	Removal of foreign body	R570.80
0300	Stitching of wound	R551.60
0301	Stitching of additional wound	R130.50
0307	Excision and repair	R654.60
0308	Each additional small procedure done at the same time	R260.00
0316	Fine needle aspiration for soft tissue (all areas)	R402.50
0317	Aspiration of cyst or tumour	R291.30

Code	Description	Rate
0321	Biopsy or excision of cyst, benign tumour. Aberrant breast tissue, duct papilloma	R1,906.70
0887	POP	R670.90
0922	Removal of foreign bodies requiring incision	R713.90
1136	Nebulisation (in rooms)	R376.40
1192	Peak expiratory flow only	R166.20
1228	General practitioner's fee for taking of an ECG only: Without effort: ½ (item 1232)	R154.60
1229	General practitioner's fee for taking of an ECG only: Without and with effort: ½ (item 1233)	R191.60
1232	Electrocardiogram: Without effort	R238.30
1233	Electrocardiogram: With and without effort	R312.40
1234	Effort electrocardiogram with the aid of a special bicycle ergometer, monitoring apparatus and availability of associated apparatus	R814.80
1235	Multi-stage treadmill test	R1,199.50
1236	Electrocardiogram without effort: under 4 years old	R403.70
1996	Bladder catheterisation: Male (not at operation)	R299.90
1997	Bladder catheterisation: Female (not at operation)	R239.80
2133	Circumcision: Clamp procedure	R960.30
2137	Circumcision: Surgical excision other than by clamp or dorsal slit, any age	R1,525.60
2139	Circumcision: Dorsal slit of prepuce (independent procedure)	R936.80
3615	Routine obstetric ultrasound at 10 to 20 weeks gestational age, preferable at 10 to 14 weeks gestational age to include nuchal translucency assessment	R893.30
3617	Routine obstetric ultrasound at 20 to 24 weeks to include detailed anatomical assessment	R893.30

What's new in 2026

Enhanced GP visits for Flexicare Core Members

Previously, Flexicare Core clients could only access in-person GP care if they were referred by a nurse practitioner. We are pleased to announce that, beginning in 2026, Flexicare Core members will qualify for up to four direct, in-person GP consultations without needing a referral. The first two consultations will not need benefit confirmation. We will introduce an automated benefit confirmation process during 2026 for subsequent consultations. We will reimburse for Flexicare Core in line with Flexicare Plus.

Supporting Flexicare members to access fully covered medicine

Flexicare gives members access to a formulary designed to ensure the availability of essential and affordable medicine. To let members access covered medicine without having to pay a co-payment, Flexicare network must prioritise medicines listed on the Flexicare formulary. Whenever possible, please specify the NAPPI code on prescriptions so that the pharmacies can identify the most appropriate full-cover medicine for your patients. If you do not have access to detailed formulary information, prescribing the active ingredient will let the pharmacist dispense a fully covered formulary medicine. We'll send you a letter about these formularies with the most current version for 2026.

Healthcare Professional Zone on the Discovery website

The Healthcare Professional Zone gives your practice user-friendly, real-time desktop application, which lets you:

- Reduce the costs and administration needed to manage your patients
- Easily access information about your patients' benefits, formularies and other network providers.

You will be able to access all the Flexicare GP rates and the GP booklet on the Healthcare Professional Zone.

Contact us for more information

If you need more information about the Flexicare GP Network, please visit our website or email us at healthpartnerinfo@discovery.co.za.

Working together for better care

We've designed these 2026 benefit changes to make healthcare more accessible, affordable and sustainable for patients and healthcare professionals. Thank you for your continued partnership and dedication to patient care. Together, we are building a healthier future.

Regards



Darren Sweidan
Head: Health Professional Unit
Strategic Risk Management

Flexicare is not a medical scheme. The cover is not the same as that of a medical scheme and is not intended to be a substitute for medical scheme membership. Flexicare is administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07, an authorised financial services provider and underwritten by Auto & General Insurance Company Limited, registration number 1973/016880/06, a licensed non-life insurer and financial services provider. Discovery Emergency Cover is a non-life insurance policy, underwritten by Discovery Insure Ltd, registration number 2009/011882/06, a licensed non-life insurer and an authorised financial services provider and administered by Discovery Health (Pty) Ltd. Terms, conditions and limits apply.