December 2025

Dear Healthcare Professional

Globally and in South Africa, breakthrough technologies are driving significant change in healthcare delivery and funding. These technologies are unlocking exciting possibilities, clinically and administratively for the healthcare professionals who are at the forefront of delivering care. Importantly, this enables healthcare professionals to engage their patients as active participants in their own care. Healthcare funders recognize that these technologies will allow more people to access quality care and make healthcare more personalized, precise, predictive, and preventive.

We would like to thank you for the dedicated care you provide to members belonging to the schemes administered by Discovery Health.

Tariff adjustments for 2026

In 2025, Discovery Health Medical Scheme increased healthcare professional tariffs by 4.2%, exceeding the South African Reserve Bank's CPI projections for 2025 by 0.6%. Total payments to healthcare professionals rose by 8.3%, attributable to heightened utilisation of professional services. The increase was primarily due to:

- elevated demand for cardiovascular, mental health, and oncology services,
- higher rates of ICU and high care unit admissions,
- a larger number of healthcare professionals involved in the management of hospitalised patients.

In 2026, Discovery Health Medical Scheme professional tariff will be increased as follows:

- GP Network consultation and procedures and GP Non-Network Consultations: 4%
- GP Non-Network Procedures and GP Anaesthetic network: 3.8%
- Tariffs for specialists as well as dental, allied and therapeutic professionals: 3.8%

The Discovery Health Rates will be available during December on the HP Zone > Information > **Discovery Health Rates**

All Schemes administered by Discovery Health will adopt the Discovery Health Rate with the exception of the following schemes listed below who have their own individual tariffs. We have provided a link for you to easily navigate to these Rates online.

- Anglo Medical Scheme | **View rates**
- Bankmed Medical Scheme | **View rates**
- Netcare Medical Scheme | **View rates**

New Plan Options for Schemes under Administration

We are pleased to announce the introduction of four new medical plan options for members of Schemes administered by Discovery Health, effective from 01 January 2026. These updates are part of our ongoing efforts to ensure that you are kept up to date with the latest plan options available to members.

Discovery Health (Pty) Ltd. Registration number: 1997/013480/07. An authorised financial services provider and administrator of medical schemes.
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Company Secretary: A C Ceba.

2025/09

Discovery Health Medical Scheme:

Plan option description	Plan option code	Benefit structure	option number
Essential Smart Saver	SMR_ESS	SMRE_CST	900
Classic Smart Saver	SMR_CSS	SMRC_CST	901

LA Health Medical Scheme:

Plan Option Description	Plan Option Code	Benefit Structure	Option Number
LA Engage	LA_ENG	LAE_CST	673

MEDiPOS Medical Scheme:

Plan option description	Plan option code	Benefit structure	Option number
Option B Classic	MED_CPB	CPB_CST	703

Note: All new plan options are subject to approval from the Council of Medical Schemes.

The above information has also been communicated to our electronic trading partners.

Thank you for your ongoing partnership and for the exceptional care you continue to provide to members of the Discovery Health Medical Scheme and the other medical schemes we administer. We look forward to working with you in 2026 to continue to deliver the best possible care in the most efficient manner to Scheme members and, indeed, to collectively continue to strengthen South Africa's healthcare system going forward.

Regards



Darren Sweidan
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Strategic Risk Management
Discovery Health