



**WELCOMES YOU TO OUR
29TH OPEN DAY EVENT
6 June 2026**

House rules:

- Switch all cell phones to silent
- Unfortunately, no questions will be permitted in between presentations
- Make sure that you have done the "sign in" at registration and at the end of the day, the "sign out".
- Please show restraint and decorum when removing small gifts from the exhibitor stalls
- Please interact with all exhibitors over the three recess periods
- Please fill the various auditoriums from the centre outwards
- No eating or drinking inside the auditoriums
- Related reading must be answered by 30 November 2026
- Please hand in your quality assessment forms by the end of the day


Major prize giving from 1 8hr15





2026 CPC/Qualicare Open Day

AGENDA TOPICS

 CPC/Qualicare Open Day, 6 June 2026		Venue: Biomedical Research Institute Tygerberg Medical School Campus, SUN	
6 Clinical & 2 Ethics CPD accredited for the day.		NB: This Agenda maybe subject to amendment without notice	
		Please watch your mass emails for latest details	
TIME	TOPIC	SPEAKER	SPONSOR
06hr45-07hr30	Welcome, Registration of Delegate: Coffee, Tea and rusks		All advertisers are invited to be present during this welcome session
HPCSA Latest Guidelines		SIGN IN	
07hr30 - 07hr50	Latest HCPSA Guidelines on Harmful Business Practices and Perverse Incentives	Sister Letmore Chigudu	MPS South Africa Services
Workshop on AI in Healthcare			
07hr50 - 08hr10	Ethics of using AI in Healthcare	Dr Chris Verster	Macleods Pharmaceuticals SA
08hr10 - 08hr30	The Rise of the Care Orchestrator: Doctor-Led Clinical Excellence in the AI Era	Ms Ivone Veiga-Moroldo	Healthbridge
08hr30 - 08hr50	AI in Healthcare	Dr Odwa Mazwai	Universal Care
Workshop on Women's and Men's Health			
08hr50 - 09hr10	Womens Health: Menopause : The Window of Opportunity	Dr Malikhah van der Schyff	Abbott
09hr10 - 09hr30	Womens Health: Abnormal Uterine Bleeding	Dr Malikhah van der Schyff	Abbott
09hr30 - 09hr50	Benign Prostatic Hyperplasia. Guidelines and Directed Management	Dr Kent Pluke	Cipla
Cardiometabolic Workshop Part 1			
09hr50 - 10hr10	Magnifying Multimorbidity: A Holistic Approach to Cardiometabolic Care	Dr Mahmoud Al-Naili	Servier
10hr10 - 10hr30	Quality, Weightloss and Health Gain	Dr Rust Theron	Novo Nordisk
Workshop on Respiratory topics (Part 1) incl. COPD, Allergic Rhinitis and other Allergies			
10hr30 - 10hr50	Synergy of Platelet-Activating Factor and Histamine in Allergic Rhinitis and Urticaria	Dr Pieter De Waal	Macleods Pharmaceuticals SA
10hr50 - 11hr10	COPD Heart Lung Cross talk in COPD : Shared Biology to Bedside decisions	Dr N Voragee	AtraZeneca
11hr10 - 11hr30	Allergy fundamentals : Key Insights in Family Practice	Dr Shaunagh Emanuel	ThermoFisher
11hr30 - 12hr15	MORNING TEA & VISITS OF STALLS		
Workshop on Medical Aid matters, Fraud Waste and Abuse: Bias in Peer Reviews section 59?			
12hr15 - 12hr35	Reportback on the Section 59 Investigation into possible Racial Bias in Peer review	Ms Sarika Besesar	Discovery
12hr35 - 12hr55	Precision and Personalization Human Centered Innovation for a healthier healthcare system	Ms Jane Ball	Discovery
12hr55 - 13hr15	Ethics in Pathlogy for GPs, Nurses and GP Sponsored Laboratories on site	Dr John Douglass	Pathcare
13hr15 - 13hr35	Detection of Fraud in General Practice	Mr Ishmael Mogapi	GEMS
13hr35 - 13hr55	Alternatives to Traditional Healthcare: Seeking and Engagement	Dr Wayne Riback	Medshield
13hr55 - 14hr55	LUNCH IS SERVED & VISITS OF STALLS		
Workshop on Diabetes & Cardiometabolic Syndrome Part 2		SIGN IN	
14hr55 - 15hr15	Beyond Glucose: Uncovering hidden Risk	Dr Ilana Joubert	Pharma Dynamics
15hr15 - 15hr35	CaReMe in Practice: From Insight to Impact	Dr Julian Trokis	Pharma Dynamics
Vaccine Workshop			
15hr35 - 15hr55	Don't Miss Hepatitis B: The Silent Infection Sitting in Your Waiting Room	Dr Neliswa Gogela	Gilead
15hr55 - 16hr15	Vaccination in pregnancy to protect infants from Respiratory Syncytial Virus (RSV)	Prof Benjamin Kagina	Pfizer
16hr15 - 16hr35	Rethinking Prevention: Life Course Vaccination and Pneumococcal Disease in Adults	Prof Angela Dramowski	Pfizer
Respiratory Workshop (Part 2)			
16hr35 - 16hr55	Navigating the Role of LAMAs in the South African COPD Landscape	Prof Richard van Zyl-Smit	Glenmark
16hr55 - 17hr15	Health in Synergy: Interface between Homeopathy and Allopathic Medicine	Ms Joan van Wyngaard	Nativa
17hr15 - 17hr35	AFTERNOON TEA IS SERVED & VISITS OF STALLS	SIGN IN	
Workshop Stress, Burnout & Building Resilience for the Future			
17hr35 - 17hr55	Building Resilience: Tools for remaining in Private Practice	Ms Hemari Bonthuys	PPS
17hr55 - 18hr15	From Stress to Burnout: Protecting the Mental Health of Private Healthcare Professionals.	Dr Qhama Cossie	Life Vincent Pallotti Hospital
18hr15 - 18hr30	Announce Prize Winners: DO NOT MISS THESE SUPER PRIZES before you leave	SIGN OUT	

VENUE

Biomedical Research Institution

GPS Coordinates 33° 54' 29.1"S 18° 36' 43.6"E

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Speakers



MPS South Africa Services

Speaker **Sister Letmore Chigudu**

Topic 1 Latest HCPSA Guidelines on Harmful Business Practices and Perverse Incentives

Sister Letmore V. Chigudu (Letty) is a registered nurse with the South African Nursing Council (SANC). She qualified in 2007 and brings extensive clinical experience from both the public and private healthcare sectors, as well as non-governmental organisations in Zimbabwe and South Africa.

In 2012, Letty transitioned into the managed care environment, taking on roles as a pre-authorisation nurse and clinical case manager. In this capacity, she was responsible for assessing the clinical appropriateness and financial risk of hospital admissions and related healthcare services, ensuring alignment with medical aid rules, clinical protocols, and funding guidelines.

Letty joined Medical Protection Society South Africa (MPSSAS) in 2020 as a Case Manager. She has since completed a certificate in Introduction to Medical Law through the Law Society of South Africa and currently pursuing a law degree. At MPSSAS, her role includes supporting members with complaints, providing guidance on medicolegal matters, and assisting healthcare professionals in responding to investigations by the Health Professions Council of South Africa (HPCSA).

Letty has authored articles that have been featured in The Specialist Forum and is also a frequent presenter on behalf of MPSSAS, having delivered lectures and facilitated CPD-accredited seminars and conferences across South Africa.





Macleods Pharmaceuticals SA (Pty) Ltds

Speaker **Dr Chris Verster**

Topic : Ethics of using AI in Healthcare

Dr Gerrit Christiaan Verster is a distinguished psychiatrist based in Worcester, South Africa, with extensive experience in both private practice and academic settings. After earning his MB ChB from Free State University in 1986, he pursued specialization in psychiatry, obtaining his M Med (Psych) and FC Psych in 1997. Dr. Verster has held significant roles, including Head of Clinical Unit (Psychiatry) at Worcester Hospital and district psychiatrist for various substructures.

He has been involved in over 50 clinical trials and has contributed numerous peer-reviewed publications on topics such as depression, melatonin's role in psychiatry, and ethics in mental health research. Dr. Verster is recognized for his presentations at international congresses, covering diverse subjects including insomnia treatment, ADHD, and the ethical implications of methylphenidate use. His current interests lie in adult psychiatry, sleep disorders, and medical ethics.



Healthbridge

Speaker **Ms Ivone Veiga-Moroldo**

Topic : The Rise of the Care Orchestrator: Doctor-Led Clinical Excellence in the AI Era

Ivone Moroldo is a visionary leader in the technology and healthcare sectors, dedicated to leveraging innovation to improve people's lives. With over 25 years of expertise in strategic marketing, product management, and client experience, she currently heads Client Experience at Healthbridge, a healthcare information exchange provider. In her role, Ivone leads teams across client experience, marketing, and training, crafting seamless journeys that add real value for clients. Her career spans prominent roles at Healthbridge, Electrolux, and Nando's, where she has driven brand growth, managed diverse product portfolios, and built effective client experience strategies.

A graduate of the University of the Witwatersrand with a **B.Com** (Hons) in Business Economics, Ivone has a strong foundation in brand management, consumer behavior, and service marketing. Among her achievements, she increased Healthbridge's market awareness from zero to 70% within three years and boosted sales for Electrolux's AEG brand by 20%. Fluent in English, Afrikaans, and Portuguese, Ivone values time with her family and enjoys exploring picturesque European cities.





NEW

THE

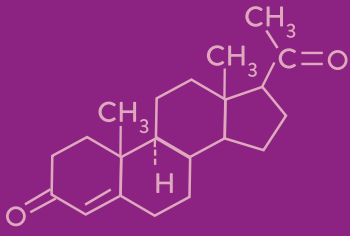
DYDROGESTERONE

BACKED BY EVIDENCE¹⁻⁵

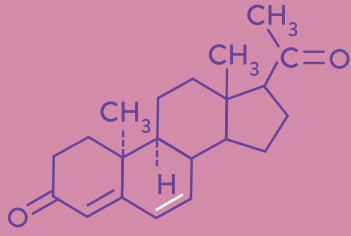
- Endometriosis.[‡]
- Threatened miscarriage as a result of progesterone deficiency.[‡]
- Habitual miscarriage as a result of progesterone deficiency.[‡]
- Dysmenorrhoea.[‡]
- Luteal support as part of an Assisted Reproductive Technology (ART) treatment.[‡]
- Infertility as a result of corpus luteum insufficiency.[‡]

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 References: 1. The Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG). Progesterone support of the luteal phase and in the first trimester. March 2018. 2. Schindler AE, Carp H, Druckmann R, et al. European Progesterone Club Guidelines for prevention and treatment of threatened or recurrent (habitual) miscarriage with progestogens. Gynecol Endocrinol. 2015;31(6):447-449. 3. ESHRE Early Pregnancy Guideline Development Group. Recurrent Pregnancy Loss. Guideline of the European Society of Human Reproduction and Embryology. November 2017. 4. Toth B, Würfel W, Bohlmann M, et al. Recurrent Miscarriage: Diagnostic and Therapeutic Procedures. Guideline of the DGGG, OEGGG and SGGG (S2k-Level, AWMF Registry Number 015/050). Geburtshilfe Frauenheilkd. 2018;78(4):364-381. 5. ESHRE Early Pregnancy Guideline Development Group. Recurrent Pregnancy Loss. Guideline of the European Society of Human Reproduction and Embryology. Update 2022. 6. Schindler AE, Campagnoli C, Druckmann R, et al. Classification and Pharmacology of progestins. Maturitas. 2008;61(1-2):171-180. 7. Tournaye H, Sukhikh GT, Kahler E, et al. A Phase III randomized controlled trial comparing the efficacy, safety and tolerability of oral dydrogesterone versus micronized vaginal progesterone for luteal support in vitro fertilization. Human Reproduction. 2017;32(5):1019-1027.

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Universal Healthcare

Speaker **Dr Odwa Mazwai**

Topic : [AI in Healthcare](#)

Dr Odwa is a medical doctor and managed not to fail his Diploma in Anaesthesiology. After serving in the Office of the DG at the National Department of Health, he moved into managed care and now heads up Manged Care at Universal. He has an interest in how the advent of new technologies impacts patient and patient health seeking behaviour.



Abbott

Speaker **Dr Malika Van der Schyff**

Topic 1: [Womens Health: Menopause : The Window of Opportunity](#)

Topic 2: [Womens Health: Abnormal Uterine Bleeding](#)

Dr Malika Van der Schyff is an obstetrician and gynaecologist who has practised at MediClinic Constantiaberg for the Past 20 years. Dr Van der Schyff has many special interests within gynaecology, including PCOS, minimally invasive surgery, and midlife women's health. Her work experience has given her a comprehensive understanding of the inequities that exist between the public and private healthcare sectors in South Africa:

She is outspoken about patients' rights and dignity in public healthcare. She is actively involved in health advocacy within the medico-political sphere, and has been involved at a senior level on the boards of several medical associations, including the SAMA and SAPPF. Dr Van der Schyff is also currently in senior leadership in various obstetrics and gynaecological special interest groups, including the SASOG, GMG, and SAMS. She continues to focus on public and political change in the industry, resulting in better ethical and effective care for women's health and medicine.



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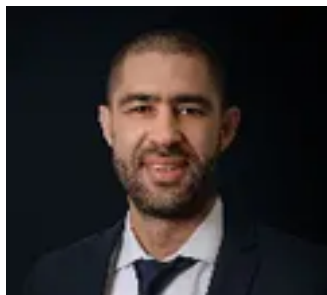
1. Banaschewski, T., Soutullo, C., Lecendreux, M. et al. Health-related quality of life and functional outcomes from a randomized, controlled study of lisdexamfetamine dimesylate in children and adolescents with attention deficit hyperactivity disorder. *CNS Drugs* 27, 829–840 (2013).
2. Adler, L.A. et al Lisdexamfetamine dimesylate in adults with attention-deficit/hyperactivity disorder who report clinically significant impairment in executive function: results from a randomized, double-blind, placebo-controlled study. *J. Clin. Psychiatry* 74, 694–702 (2013).
3. Ermer, J. C., et al. (2016). Lisdexamfetamine dimesylate: Prodrug delivery, amphetamine exposure and duration of efficacy. *Clinical Drug Investigation*, 36(5), 341–356.

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Cipla

Cipla

Speaker **Dr Kent Pluke**

Topic : Benign Prostatic Hyperplasia. Guidelines and Directed Management

Urologist

General urologist with a special interest in the comprehensive management of Benign Prostatic Enlargement (extensive experience in Holmium Laser Enucleation), Male sexual health, and kidney stone surgery. Currently in private practice at Melomed Tokai, Gatesville and Mitchells Plain.

Education

Diocesan College 2002

MBChB (UCT) 2008

FC Urol (SA)

MMed (UCT)

Philip Smith Prize UCT 2021

Advanced laser (Quanta) training in Sofia, Bulgaria 2025



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Speaker **Dr Mahmoud Al-Naili**

Topic : Magnifying Multimorbidity: A Holistic Approach to Cardiometabolic Care

Dr Mahmoud M. M. Al-Naili, born on April 8, 1983, in Libya, is a distinguished cardiologist. He graduated from Garyounis University Faculty of Medicine in 2008 and completed a year-long internship in Benghazi. Mahmoud pursued postgraduate training in Diagnostic Radiology and later moved to South Africa for further studies.

He became a specialist physician in 2017 and a consultant cardiologist in 2021 after training at Tygerberg and Groote Schuur Hospitals. Mahmoud holds a full license as a General Practitioner in Libya and is registered with the Health Professions Council of South Africa. He now works at Busamed Paardevlei Private Hospital, specializing in structural and interventional cardiology.



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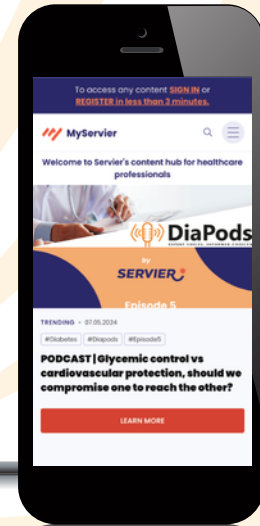
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Speaker **Dr FC Rust Theron**

Topic : Quality weight loss and health gain

Dr F.C. Rust Theron obtained his MBChB degree in 1988 and his MMed (cum laude) in 1995 from the University of Stellenbosch. He started private practice in 1996 at Medi-Clinic Durbanville, where he has worked ever since. His passion for medicine extends to medical education: he initiated a structured student rotation programme with the University of Stellenbosch in 2013, placing medical students in private-hospital Internal Medicine rotations and expanding it to multiple hospitals. He completed an M Phil in Health Professions Education in December 2018. He also delivers regular education sessions for GPs and peers and previously led a bi-weekly GP lunch chat series via Zoom. He has held leadership roles at Medi-Clinic Durbanville, including head of the Covid-19 team, and serves on the board of trustees and as chairperson of the Clinical Committee. He has contributed to the publication of Say No to Obesity, a cookbook aimed at supporting patients on weight-loss journeys.

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Macleods Pharmaceuticals SA (Pty) Ltds

Speaker **Dr Pieter De Waal**

Topic : Synergy of Platelet-Activating Factor and Histamine in Allergic Rhinitis and Urticaria

Pieter qualified as a Paediatrician in 2009 at the University of the Free State. In 2017, he earned the South African Certificate in Asthma Care (NAEP), and in 2018, he obtained a Diploma in Allergology from the College of Family Physicians of South Africa. That same year, he became a certified Allergologist at the University of Cape Town and went on to complete his M.Phil. degree in Allergology in 2019, graduating cum laude.

He worked as a full-time subspecialist in Allergology at MediClinic Bloemfontein while also holding a part-time position as a senior consultant at the University of the Free State. In this role, he taught Allergology, Asthma, and Pulmonology to both undergraduate and postgraduate medical students, as well as registrars.

Currently, Pieter is the Chair of the South African National Asthma Education Programme (NAEP) and serves on the executive committee of the Allergy Society of South Africa (ALLSA). He is also a member of the South African Allergic Rhinitis Working Group. He is now in full-time private practice at MediClinic Panorama Hospital in Cape Town.



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AstraZeneca

Speaker **Dr N Voragee**

Topic : COPD Heart Lung Cross talk in COPD : Shared Biology to Bedside decisions

Dr Vorajee spend 9yrs (2015- 2024) working and studying at Groote Schuur Hospital. This period covered her medical career from Medical Officer (2015) to Fellow in Pulmonology (2024). She also loves languages and apart from English and Afrikaans can also converse in Xhosa and Zulu. In 2025 Dr Vorajee obtained a master's degree in philosophy at UCT. She was awarded multiple times that's testimony to her excellence i.e. Obtained her MBChB with 1st Class Honors and distinctions in preclinical, clinical, and final clinical years (2011); Most Innovative Medical Registrar in General Medicine 2018; Academic achievement award in Nephrology and Hypertension (2018) & Rheumatology (2019)...to name but a few. In terms of leadership achievements: in 2007 she was crowned Miss India SA, and in 2008 Miss India Worldwide 1st Runner-up.



ThermoFisher

Speaker **Dr Shaunagh Emanuel**

Topic : Allergy fundamentals : Key Insights in Family Practice

Shaunagh Emanuel, born on July 24, 1967, is a renowned medical doctor specializing in allergy, asthma, and medical education. She earned her MBChB from the University of Cape Town and a Diploma in Allergology. Her career began in 1993 at Victoria Hospital Wynberg, followed by roles in South Africa and the UK.

Emanuel worked for a decade at the UCT Lung Institute, contributing to research and clinical education. In 2011, she founded Synopsis Research and a private practice in Cape Town, focusing on inflammation-related conditions like asthma and allergies. As clinical director, she has led over 80 studies.

An honorary lecturer at UCT Medical School, she co-created the AAA Allergy and Asthma Primary Care Course and is a frequent speaker at the ALLSA congress. She holds leadership roles in the Allergy Society and Foundation of South Africa.

Emanuel is married, has three grown children, and lives in Cape Town with her two dogs. She speaks English and Afrikaans, with conversational skills in Zulu and Xhosa.






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Speaker **Ms Sarika Besesar**

Topic : [Bias in Peer reviews section 5.9](#)

Sarika Besesar is a healthcare actuary with a keen passion in health policy and health economics. Sarika has been with Discovery Health for over 10 years and sits in the company's Policy and Regulatory affairs unit. She is also chair of the Actuarial Society of South Africa's NHI sub-committee. Prior to this, Sarika headed the Health Policy Unit at Mediclinic Hospital Group. Sarika has a Bachelor of Commerce Degree in Actuarial Science from the University of Cape Town. She has been a Fellow of the Actuarial Society since 2013. Sarika also obtained her Masters in Health Economics from the London School of Economics.

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Speaker **Ms Jane Ball**

Topic : [Precision and Personalization Human Centered innovation for a healthier healthcare system](#)

Jane is Chief Specialist for Population Health Management at Discovery Health with risk management responsibility for disease management programmes, oncology risk, and KeyCare and other low-income products. She also leads the Care Management Organisation (CMO) – a unit within Discovery Health focused on furthering disease management through shared value arrangements and an ongoing investment in innovation and new technology.

Jane initially obtained a B.Pharm degree and a M.Sc in Drug Utilisation Studies from Nelson Mandela University. Her early career included time with a Canadian healthcare IT company and the implementation of a Pharmacy Benefit Management system in Brazil. Since 2003, Jane has worked in the managed care industry in South Africa where she has gained extensive experience in developing, setting up and managing large-scale disease management programmes including new targeted programmes underpinned by predictive modelling.

Recognising that finding meaningful solutions to healthcare challenges requires behaviour change by all stakeholders and that changing behaviour is a science that requires specific expertise, Jane enrolled in 2017 for an executive Masters in Behavioural Science at the London School of Economics (LSE). She completed the M.Sc in 2018 and actively fosters the use of behavioural science in the development of population health management programmes.





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Pathcare

Speaker **Dr John Douglass**

Topic : Ethics in Pathology for GPs, Nurses and GP Sponsored Laboratories on site

John Douglass is a distinguished leader in the medical field, currently serving as the CEO since 2007. His journey in medicine began with an MB.ChB. from the University of Cape Town in 1987, followed by a Master of Medicine in Clinical Pathology from the same institution in 1994. With an impressive 31 years of industry experience, John has made significant contributions to various facets of medical science.

After his academic pursuits, John honed his expertise as a Medical Microbiology visiting registrar at St George's Hospital in London during 1994 and 1995. He then ventured into Clinical Pathology in Vereeniging from 1995 to 1999. His career trajectory continued to ascend as he delved into Clinical Trials at Covance and Chemical Pathology in Cape Town, a role he held from 1995 to 2006.

John's professional affiliations include memberships with the Health Professions Council of South Africa (HPCSA), the South African Medical Association (SAMA), and the National Pathology Group (NPG). These memberships underscore his commitment to maintaining excellence and staying at the forefront of advancements in his field.



GEMS Government Employees Medical Scheme

Speaker **Mr Ishmael Mogapi**

Topic : Detection of Fraud in General Practice

Ishmael Mogapi is currently a Senior Manager: Operations Risk at Government Employees Medical Scheme (GEMS), a medical scheme established to help public service employees and their families get the best possible healthcare at the most affordable rate. Before joining GEMS, Ishmael held various strategic managerial positions in the health administration business, where he advised and coordinated the Claims Risk Management activities of several medical schemes. In addition, he has over 20 years of risk management experience obtained from various positions he held in both the public and private sectors. He holds postgraduate legal qualifications and a Strategic Leadership qualification from some of South Africa's leading academic institutions.





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- ✓ *One flu vaccine per beneficiary per benefit year for everyone 6 months and older.*

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General Practitioner	0017	To be charged together with the Vaccine NAPPI codes if there was no consultation
Pharmacy	0022	To be claimed on the same script number as the Vaccine NAPPI code
Nurse	99378	To be charged together with the Vaccine NAPPI codes if there was no consultation

Flu Vaccine: Once per year per beneficiary.

GEMS Pneumococcal Vaccine

Vaccination against pneumococcal disease remains the best defense. Please encourage your patients to get vaccinated.

GEMS Vaccine Benefits

The Pneumococcal vaccine claims for eligible beneficiaries will be paid from preventative risk-benefits and will not affect members' savings or day-to-day benefits across ALL options.

Beneficiaries are considered high-risk if they are above 65 years of age with or without any chronic illness or below 65 with one or more of the following conditions:

- *Chronic heart disease, including congestive heart failure and cardiomyopathies.*
- *Chronic lung diseases such as chronic obstructive pulmonary disease, asthma, emphysema (chronic lung disease secondary to smoking)*
- *Diabetes mellitus*
- *Cerebrospinal fluid leaks*
- *Cochlear implant(s)*
- *Alcoholism*
- *Chronic liver disease*
- *Immunodeficiencies acquired at birth or later in life, such as HIV infection.*
- *Chronic renal failure or nephrotic syndrome Various types of Cancer such as Leukaemia, Lymphoma, multiple myeloma, Hodgkin's disease, or other generalised and metastatic malignancies*
- *Medication-induced immunosuppression because of treatments such as radiation therapy, chemotherapy, and long-term use of corticosteroids*
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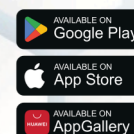
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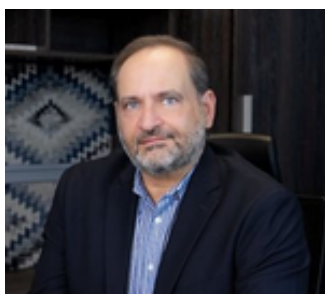
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Medshield

Speaker **Dr Wayne Riback**

Topic : Alternatives to Traditional Healthcare: Seeking and Engagement

Chief Medical Officer: Medshield Medical Scheme

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Functions centred around projects and initiatives aimed at supporting scheme financial sustainability via cost containment and efficiencies improvement in the provider space whilst ensuring member centricity and improved quality and clinical outcomes.



Pharma Dynamics

Speaker **Dr Ilana Joubert**

Topic : Beyond Glucose: Uncovering hidden Risk

Diabetologist in private practice in Cape Town with 10+ years' experience in diabetes and metabolic health. Experienced in both clinical practice and public speaking, with a focus on patient-centred care and preventative medicine. Regular contributor to medical conferences and media platforms.

Active in medical education, conference speaking, and patient advocacy, with a passion for translating evidence-based medicine into practical care. Working in a dedicated diabetes centre , also a registered insulin pump centre. Working with patients with both Type 1 and Type 2 diabetes, and metabolic syndrome. Works as an investigator in a clinical trial centre.





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1. BSc in Human physiology and Biochemistry (1997)
2. BA Biokinetics Hons (2000)
3. MBChB at University of Pretoria (2006)
4. Post graduate Diploma in General Practice (2015) Distinction
5. Advanced Course in Diabetes Care (2016) Distinction
6. Post Graduate diploma in Diabetes (2018) University South Whales/Cardiff – Distinction

Author of health column newspaper Port Alfred Talk of the Town (2020-2021)

Host of Weekly Podcast on Radio Overberg health talk <https://radiooverberg.co.za/>

Author of Weekly online news bulletin <https://nuusflits.com/>

Author of weekly hard copy newspaper - [Speaker Bio:](#)

Previously served on Intercare clinical advisory board.

.....



Pharma Dynamics

Speaker **Dr Julien Trokis**

Topic : [CaReMe in Practice: From Insight to Impact](#)

Dr. Julien Trokis, MD is a leading Diabetologist based in Cape Town, with a background in pharmacy, obstetrics, gynecology, and pediatrics. After qualifying as a pharmacist, he earned his medical degree from the University of Cape Town and pursued advanced studies in diabetes management at the Centre for Diabetes and Endocrinology in Johannesburg and Cardiff University.

Dr. Trokis has been recognized with the CDE Ascending Star award and currently practices at the Diabetes Care Centre in Cape Gate, managing a busy clinic and Clinical Trial Centre. He has led over 80 clinical trials, with a focus on diabetic kidney disease, and serves as the national principal investigator for South Africa in international trials.

A respected speaker and educator, Dr. Trokis is dedicated to advancing diabetes care and prevention through comprehensive management and education

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Gilead

Speaker **Dr. Neliswa Gogela (MD)**

Topic : Don't Miss HBV: The Silent Infection Sitting in Your Waiting Room

Neliswa Gogela is a hepatologist and a specialist physician at Groote Schuur Hospital /University of Cape Town, South Africa. She obtained her Master of Philosophy, specialising in Advance Hepatology and Transplantation at the university of Cape Town in 2018, her thesis looked at the Prevalence of hepatitis C infection in men who have sex with men (MSM) in South Africa.

During her fellowship training she was awarded a grant by the Discovery Foundation which took her to Massachusetts Gen-eral Hospital, a Harvard affiliate in Boston USA. This allowed her to advance her research career in viral hepatitis studies for a period of one year.



Pfizer

Speaker **Professor Benjamin Kagina**

Topic : Rethinking Prevention: Life Course Vaccination and Pneumococcal Disease in Adults.

Kagina is the Director of the NITAG Support Hub (NISH) and is a Co-Director of the Vaccines for Africa Initiative (VACFA). The National Immunization Technical Advisory Committees (NITAGs) comprises of independent experts that provide evidence-based recommendations on vaccines and immunization to the country's Minister of Health. The goal of the NISH project is to provide scientific support to NITAGs in Africa on Evidence-Informed Decision-Making (EIDM).

Kagina has a PhD in Clinical Sciences & Immunology (UCT) and Postdoctoral fellowship in Immunology and Vaccinology (UCT). Kagina's work is focused on addressing policy relevant vaccinology research questions. To answer the research questions, Kagina's work utilizes diverse methods, among which is the application of the principles of Evidence-Based Vaccinology (EBV). Kagina has several publications in the fields of immunology, public health, and EBV. His work also includes leading activities aimed at developing vaccinology expertise in Africa to advance immunization practices on the continent and by extension, other Low-Middle Income Countries.



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Pfizer Laboratories (Pty) Ltd. Company Reg. No. 1954/000781/07. Building 2, 1st Floor, Maxwell Office Park, Magwa Crescent, Waterfall City, Midrand, Johannesburg, South Africa. Tel. No: 0860 PFIZER (734937).

Reference:
1. ABRYSVO Local Product Document. 10 December 2024

PP-A1-ZAF-0166



Scan the QR Code for full prescribing information

Images for illustration purposes only.



Pfizer

Speaker **Professor Angela Dramowski**

Topic : Vaccination in pregnancy to protect infants from Respiratory Syncytial Virus (RSV)

Angela Dramowski is Professor and Head of Clinical Unit for General Paediatrics at Stellenbosch University-Tygerberg Hospital in Cape Town, South Africa. She co-leads several committees advancing research and clinical practice in neonatal and paediatric infections including the NeoNET AFRICA partnership, the World Society of Paediatric Infectious Diseases AMR Action Committee and the PENTA-ID Network's Severe Bacterial and Fungal Infections group. Her special interests include vaccination, antimicrobial resistance, healthcare-associated infections and neonatal sepsis. As an infectious disease paediatrician and infection preventionist, she is inspired by the broad range of clinical challenges she has encountered in her 25 years of public health service. She is passionate about using data to drive improvements in the safety and quality of care for hospitalised neonates and children.



GLENMARK

Speaker **Prof Richard van Zyl-Smit**

Topic : Navigating the Role of LAMAs in the South African COPD Landscape

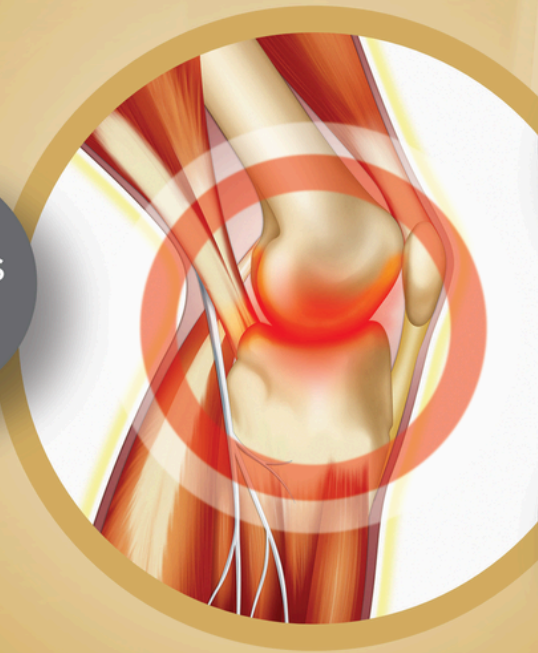
Professor Richard van Zyl-Smit, MBChB, FRCP(UK), Dip HIV(Man), MMED, FCP(SA), Cert Pulm(SA), PhD, ATSF, is a renowned pulmonologist at the University of Cape Town and Groote Schuur Hospital. He leads research at the UCT Lung Institute and is president of the South African Thoracic Society. His PhD focused on tobacco smoke's effects on pulmonary defenses against tuberculosis. His research primarily addresses asthma, COPD, and the impact of tobacco, household pollution, and e-cigarettes on pulmonary health, especially in low-income settings.

Promoted to full professor in 2020, he has over 100 publications and two books on mental health and academia. As a clinical trial investigator, he has led over 130 trials, including the international Novartis Platinum programme Palladium study. He frequently presents at global conferences and serves on several important committees, including GINA and GOLD.



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NATIVA

Speaker **Joan van Wyngaard**

Topic : Health in Synergy

Joan van Wyngaard is a registered pharmacist and pharmaceutical scientist with over 25 years of experience across drug development, regulatory affairs, quality assurance, and functional ingredient science. Known as a science communicator, KOL speaker, and brand founder, Joan works at the intersection of rigorous science and real-world application — from clinical research to consumer health.

AREAS OF EXPERTISE

Phytomedicine · Joint Health & Nutraceuticals · Skincare Science · Regulatory Affairs (SAHPRA, MHRA, TGA) · Medical Devices (EU MDR) · Clinical Trial Management · Science Communication

PERSONAL

Avid road runner — 10 Two Oceans Ultramarathon finishes, and counting down to 10 Comrades completions.



PPS

Speaker **Ms Hemari Bonthuys**

Topic : Building Resilience

Hemari Bonthuys is an OD and Change Manager at PPS Insurance and a registered Psychometrist, passionate about empowering individuals and driving meaningful behavioural change. With over a decade of experience in the insurance industry and five years in organisational development and change management, she brings a strong people-centred and values-driven approach to her work.

Hemari began her career after qualifying as a Psychometrist and transitioned into financial services in 2014 as an Executive Consultant at PPS Insurance. She joined the PPS Academy in 2019 as a Learning and Development Specialist, where she facilitated behavioural and technical learning interventions, before being promoted to OD and Change Manager in 2021.





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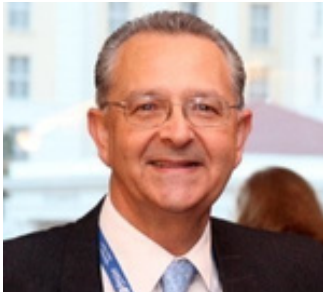
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CPC/Qualicare

Speaker **Dr Tony Behrman**

Designated emergency backup speaker for the day.

Degrees/Fellowships

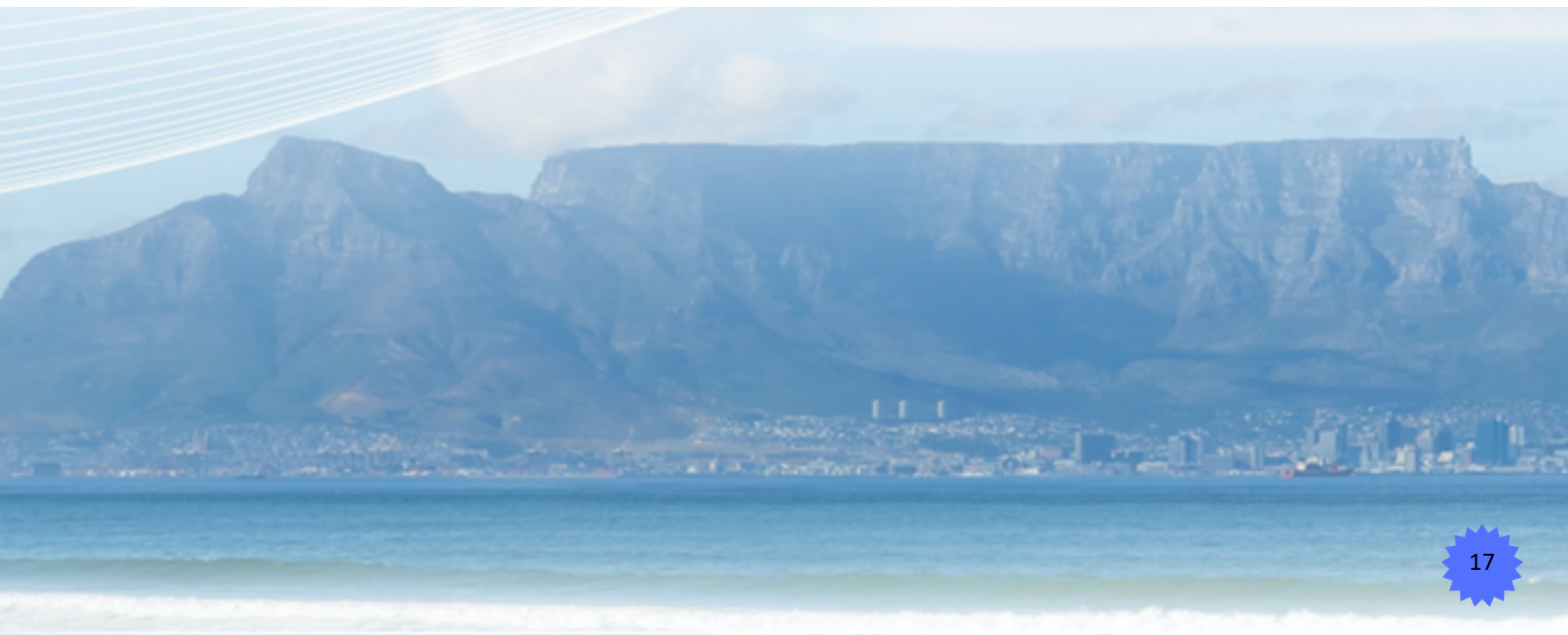
- M.B.Ch B. (1970 to 1975) UNIVERSITY OF CAPE TOWN.
- DIPLOMA in OCCUPATIONAL HEALTH (1995 to 1997) U.C.T.
- FOUNDATION FELLOW of the Faculty of FORENSIC and LEGAL MEDICINE (Royal College of Physicians) UK 2005 (FFLFM)
- Accredited DISAC Mediator UCT Law @ work, Legal Faculty UCT 2014.

Current Positions held:

- Chief Executive Officer of CAPE PRIMARY CARE / QUALICARE IPA, WESTERN CAPE 1990 to _____ date comprising 600 Family Practitioner members.
- Director of the IPA Foundation of RSA
- Director of the SAMCC
- Member of Executive Committee of the UFFP
- Business and Medicolegal Consultant to Medical Protection Society 1998 to 2012 and again 2018 to date

Personal:

- Married, with 2 children and 5 grandchildren
- Cyclist and Walker
- Recreational Pianist and Guitarist





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bebird, a smart ear-care brand, has developed devices designed to enhance both precision and visibility in ear hygiene and examination. Its EarSight Plus device combines a high-definition camera with a flexible, probe-like tip and smartphone connectivity, enabling doctors to capture and display live images of the ear canal. This real-time visual feedback allows practitioners to guide patients through what is being observed, creating a more transparent and educational consultation experience.





Beyond chairside use, the technology also supports continuity of care. Through the bebird app, images and videos can be recorded and securely shared, allowing for follow-up assessments, remote guidance or patient monitoring over time. This is particularly valuable in cases of recurrent earwax impaction or ongoing ear health concerns, where visual tracking can support more informed clinical decision-making.

There is also a growing role for patient participation. With appropriate guidance, patients can use the same technology at home to better understand their ear health and maintain routine hygiene. This creates a more collaborative care model, where patients are not only informed but actively involved, while still operating within a framework of professional oversight.

The EarSight Plus is designed for versatility, with interchangeable tips suited to different users and an ergonomic, flexible design intended to support ease of use. Its intuitive interface further lowers the barrier to adoption, making it a practical addition to both clinical and at-home care settings.

Smart ear-care technologies like bebird are helping to bridge the gap between examination, education and ongoing management. By enabling doctors to visualise, document and share what was previously unseen, these tools have the potential to enhance diagnostic clarity, strengthen patient communication and support better long-term outcomes.

Effective ear hygiene remains an important component of overall patient wellbeing, yet earwax build-up and inappropriate cleaning practices continue to present frequently in clinical settings. Traditional methods, including cotton swabs and improvised tools, carry well-established risks, often pushing wax deeper into the ear canal and increasing the likelihood of discomfort, impaction or infection. In this context, tools that support safer, more precise and better-guided approaches represent a meaningful step forward in both patient care and clinical practice.

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SAHPRA application filed in 2026

Acute renal failure prediction

Core ML model for high-risk in-hospital complications Deep learning neural network planned for 2026

Deep Learning ANN⁴ in development

Global validation

- Mayo Clinic – AI framework can detect pancreatic cancer three years before radiologists
- Harvard and Stanford – advanced Large Language Models outperform physicians at ED triage



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